

# How to properly clean your strawberries.



**\*This is the method that I use, but please make it your own \***

1. Place your strawberries in a bowl larger than the amount you wish to clean. I prefer to use a large stainless-steel bowl but I have used a large plastic one as well.
2. Fill the bowl with cold water and then add vinegar. I would say no more than a half a cup. It can be apple cider or white distilled vinegar. Whatever you have on hand use it!
3. You can let them sit for a few minutes. Usually, I am preparing my silicon mats and toothpicks so I can start to dip them in chocolate. I would allow them to sit no more than 5-7 minutes.
4. You can drain water from current bowl or add to a colander and rinse with cold water. Rinse them well with cold water.

**Note:** You can do this with various fruits for a quick clean before eating. You can do with apples and grapes as well. If you are planning on dipping your apples then the process requires a few additional steps.

From here you can enjoy them as they are now cleaned. The next steps will be if you are wanting to dip them or store them.

**To Dip:** Gently pat with a paper towel and add your toothpicks. As I add the toothpicks, I lay them on the silicon mat to prepare for dipping.

**To Store:** When I store my strawberries, I do not clean them first. I take them from the plastic container they come in the store and place them in an air tight container. I have used both large tubber ware containers or glass mason jars to store. I place a layer or paper towels down and then a layer of strawberries. If your container is long and wide then you can probably fill the bottom with a layer of strawberries and then add a layer of paper towels on top and close with your lid. If your container is taller then you will add some strawberries then follow with a layer of paper towels. From here you will continue until your container is filled. Close with your air tight lid and place in your refrigerator.

You have now successfully cleaned your strawberries and have eaten, dipped or stored them. If you want to learn how to dip strawberries or other treats then you can take one of our classes. Thanks for starting your sweet journey with us and remember, it's always better when sprinkled with love.

